

Room4Change is a six to nine month program for men who want to maintain strong and safe relationships.

Room4Change is committed to helping men make their own life better by stopping their use of violence.

Room4Change assists men to explore what is important for them and their current and future relationships.

Participants can choose to live in the safe residential accommodation or choose to remain in their own home. Men are able to maintain their employment, usual activities and relationships with their family and friends.

Interested?

To find out more information or register, please contact us on **02 6280 0900 24/7** or via email to **room4change@dvcs.org.au**

Providing support for all people in the ACT community with:

Crisis Intervention

Legal Advocacy

Support to young people and their families

Support to men to address their use of family or domestic violence

Support Groups for women, men and children

Security Upgrades

Emergency Accommodation

Safety Planning

Awareness, Education & Training

DVCS is an inclusive service working with children, young people and adults

24 Hour Crisis Line:

02 6280 0900

Crisis Email:

crisis@dvcs.org.au

Facebook, Twitter & Instagram:

@DVCSACT

www.dvcs.org.au



For men who want to change their violent and/or controlling behaviour

Has your partner left you, or is threatening to leave you because of your behaviour?

Have you used violence or threatened to use violence against your partner or children?

Are you worried about how your behaviour may affect your children?

Do you often stop your partner from what she wants to do?

If you answered yes to one more of these questions, please read on to see how we can help.



Room4Change is funded by the ACT Government and an initiative of the

Frequently Asked Questions

How long do I have to commit:

Room4Change runs over a six to nine month period. Change takes time.

Where do I live:

Participants can remain living at home or choose to live in one of our fully equipped Room4Change residential properties.

Can I still work:

Yes. We encourage participants to continue life as normal, including employment.

Can I still see my family and friends:

Yes. We encourage participants to stay connected to family, friends and supportive relationships.



How much does it cost:

If you choose to live in one of our residential properties you will need to pay a fee which is calculated on a sliding scale. Otherwise, everything else is free of charge. If you choose to utilise

What supports do you provide me:

All participants are required to attend group sessions each week and receive one on one support and assistance. Additionally, we will offer support and assistance to participants' current partners and children.

Do I need a referral:

No. You can call us at any time to talk further about your situation.

If I live in, what do I need to bring:

If you choose to live in our residential properties, you will be required to provide your own food, linen and personal items such as clothing and toiletries.

There are no telephone or internet services, so if you want to stay electronically connected, you will need to make your own arrangements.

If you drive, there is sufficient space to park your car.

All homes are fully furnished with fully equipped kitchens. All men will receive their own fully furnished bedrooms and will need to share the bathroom with one or two other men who are also part of the program.

